

Lacamas Counseling & Psychiatry  
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LACAMAS COUNSELING  
& PSYCHIATRY

## INTAKE INFORMATION - CHILD

### CONTACT INFORMATION & DEMOGRAPHICS

Full name: \_\_\_\_\_ Date: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Email address: \_\_\_\_\_ Phone: \_\_\_\_\_

Check mark approved communication:  Voicemail  Text  Email

Parent/Legal Guardian: \_\_\_\_\_

Email address: \_\_\_\_\_ Phone: \_\_\_\_\_

Check mark approved communication:  Voicemail  Text  Email

Parent/Legal Guardian: \_\_\_\_\_

Email address: \_\_\_\_\_ Phone: \_\_\_\_\_

Check mark approved communication:  Voicemail  Text  Email

Is there a parenting plan (if so, please provide a copy)?  YES  NO

Emergency Contact Name & Phone: \_\_\_\_\_

DOB: \_\_\_\_\_ Age: \_\_\_\_\_ Sex:  Male  Female  \_\_\_\_\_

Gender Identity: \_\_\_\_\_ Preferred Pronouns: \_\_\_\_\_

Race/Ethnicity: \_\_\_\_\_

Occupation: \_\_\_\_\_

Spiritual/Religious Beliefs: \_\_\_\_\_

Referred by: \_\_\_\_\_

**Please describe any problem behaviors or areas of concern**

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**Do the problems occur more at home and/or school?**

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**What changes/patterns have you noticed in your child's play?**

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**Please state the expectations/goals that you have for your child for counseling**

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**What skills, tools, or approaches are helpful when working with your child?**

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**What are your child's strengths?**

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**Were there any complications or high stress during the pregnancy or birth?**

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**Has the child experienced any trauma, abuse, or neglect?**

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**What is the family background and marital status?**

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**How does your child get along with other children?**

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**How does your child get along with other adults?**

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**How does your child get along with family members?**

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**SCHOOL INFORMATION**

**School Name** \_\_\_\_\_

**Does your child have an Individualized Education Plan (IEP) or any school accommodations?**

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**Has your child been suspended or expelled?**

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**Has your child experienced bullying?**

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**MEDICAL PROVIDERS**

**Primary Care Physician Name** \_\_\_\_\_

**Phone Number** \_\_\_\_\_

**Clinic Name** \_\_\_\_\_

**Date of last Appointment** \_\_\_\_\_

**List any pertinent mental health diagnosis, medical conditions, health problems, and/or past hospitalizations**

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**List any medications your child is taking and for what reason**

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**PREVIOUS MENTAL HEALTH PROVIDERS**

**Name/Clinic Name** \_\_\_\_\_

**Phone Number** \_\_\_\_\_

**Date of last Appointment** \_\_\_\_\_

**Please describe the goals and outcomes with this provider**

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**OTHER PROVIDERS**

Name/Clinic Name \_\_\_\_\_

Phone Number \_\_\_\_\_

Date of last Appointment \_\_\_\_\_

Please describe the goals and outcomes with this provider

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**OTHER PROVIDERS**

Name/Clinic Name \_\_\_\_\_

Phone Number \_\_\_\_\_

Date of last Appointment \_\_\_\_\_

Please describe the goals and outcomes with this provider

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Please list any other information that may be helpful while assessing and/or conducting therapy with your child.

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What else would you like me to know:

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Check any of the following symptoms that have impacted your child in the last six months

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|---------------------------|----------------------------|-------------------------------|
| Depressed Mood            | Decreased appetite         | Compulsive Behaviors          |
| Tiredness/Fatigue         | Irregular sleeping         | Obsessions                    |
| Low energy                | Anxiety                    | Hear/see things others do not |
| Tearfulness               | Panic                      | Paranoia/Suspicion            |
| Hopelessness              | Fear                       | Reckless Behaviors            |
| Apathy/Lack of care       | Social anxiety             | Exposure to traumatic event   |
| Loss of interest/pleasure | Panic attacks              | Flashbacks (while awake)      |
| Low self-worth            | Thoughts of harming others | Nightmares                    |
| Low motivation            | Suicidal thoughts          | Avoid trauma reminders        |
| Isolation from others     | Self-harm                  | Easy startle reflex           |
| Difficulty concentrating  | Guilt/Shame                | Irritability/Anger            |
| Racing thoughts           | Inconsistent mood changes  | Frequent anger outbursts      |
| Lack of confidence        | Excessive Energy           | Other symptoms _____          |
| Increased appetite        | Impulsivity                |                               |

What stressors/changes have recently impacted the child?

- |                       |                  |                             |
|-----------------------|------------------|-----------------------------|
| Parents               | Alcohol/Drugs    | Finances                    |
| Siblings              | Legal Matters    | Sexual abuse/rape           |
| Extended Family       | Food/Diet        | Bullying                    |
| Friends & Social Life | Body Image       | Physical abuse              |
| School                | Recent Move      | Gender Identity & Sexuality |
| Sports                | Medical/Health   | Chaotic Life                |
| Work                  | Grief/Loss/Death | Other _____                 |

How are these symptoms and stressors affecting your child's every day life?

- Personally \_\_\_\_\_
- Family \_\_\_\_\_
- Friendships \_\_\_\_\_
- Social life \_\_\_\_\_
- Work/School \_\_\_\_\_
- Every day tasks \_\_\_\_\_