

Code	Name	Billed Amount	Frequency	Notes
90791	Intake Evaluation and Assessment	\$200	Initial Session Reassessments every 6 months	Insurances bill 90791 at a higher rate than 90834 to reflect time needed to write Mental Health Assessments
90834	Individual Psychotherapy (38-52 min)	\$150	Default for weekly - lower severity sessions	Used for Low to lower moderate severity cases in which a full 55 min session is not needed Use for dx like Adjustment Disorder or lower severity diagnosis if meeting on a weekly basis;
90837	Individual Psychotherapy (53+ min)	\$150	Low severity - mtg every 2-4 weeks or less, and you can document benefit from longer session Low severity & Longer session needed to address specific issue identified in note (e.g. family involvement, communication barriers) Moderate to Higher Severity clients who you can document benefit from longer sessions	Must Document that longer session was warranted in diagnosis, tx plan, or progress note. Some Insurances require pre-authorization before using this code.
90832	Individual Psychotherapy (16-37 min)	\$150		Most commonly used if client arrives late or leaves early for normally scheduled session.
90847	Family Therapy with Patient Present	\$180	Default for family	Couples, Family, Co-parenting Families, multi-generational families, child therapy with parents. There must be a primary client with a diagnosis.
90846	Family Therapy without Patient Present	\$180	Infrequent use	Client with primary diagnosis is not present at the family meeting
90839	Psychotherapy with Crisis (First 30-74 min)	\$150	Infrequent use (No more than 1x/day)	An urgent assessment of a crisis state including psychotherapy, mobilization of resources to diffuse crisis and restore to safety, and psychotherapeutic interventions (i.e. safety planning, Mental Status Exam) to minimize the potential for trauma. The presenting problem is typically life threatening or complex and requires immediate attention to a patient in high distress 90832 used if crisis intervention is less than 30 minutes.
90840	Psychotherapy for Crisis (add-on code)	Consult	Additional blocks up to 30 min beyond the first 74 min in 90839, multiple may be used if needed	Codes are inputted as an Add-on Code to 90839
	Scholarships			No more than 2 active scholarships at a time; consult with leadership team if exceptions are wanted